



1- LINE INTRO

Meet Marcey Rader. Best-selling author, renowned speaker, productivity coach, and wellness expert.

2 – LINE BIO

Productivity coach and wellness expert Marcey Rader helps clients create boundaries, find purpose, and achieve success. See her latest book at [Work Well. Play More!](#)

SHORT BIO

Productivity coach and wellness expert Marcey Rader helps clients create boundaries, find purpose, and achieve success. As a best-selling author, business mentor, and high-impact speaker, she helps individuals and businesses kick their lifestyles back into balanced gear – without sacrificing health. See her latest book at [Work Well. Play More!](#)

AUTHOR BIO - Short

Marcey Rader is a sought-after productivity coach and accredited health and wellness expert. She is an [Amazon best-selling author](#), high-impact speaker, and founder of [Marcey Rader Coaching](#) and [Work Well. Play More!](#); kicking lifestyles back into balanced gear through education, keynotes, workshops, and coaching.

As an award-winning speaker, she packs presentations with actionable advice and real-world wisdom, decluttering the mind, body, and business, one habit at a time. Her speaking roster's alive with engagements for Fortune 100 companies, startups, and everyone in between. From North Dakota to Dubai, manufacturing to biotech. Clients learn to escalate their energy, conquer the calendar, master tasks, and extinguish email. Climbing the ladder or building their business without sacrificing their health.



To learn more about Marcey Rader, visit <https://www.marceyrader.com>

MEDIUM BIO

About Marcey Rader

Marcey Rader is an [Amazon best-selling author](#), sought-after productivity coach, accredited health and wellness expert, and renowned keynote speaker.

As the founder of [Marcey Rader Coaching](#) and the [Work Well. Play More!®](#) Institute, she helps individuals and businesses kick their lifestyles back into balanced gear – without sacrificing health.

She packs presentations with actionable advice and real-world wisdom, decluttering the mind, body, and business, one habit at a time. Her speaking roster is alive with engagements for Fortune 100 companies, startups, and everyone in between. Audiences from North Dakota to Dubai, manufacturing to biotech, learn to escalate their energy, conquer the calendar, master tasks, and extinguish email.

Her latest book, [Work Well. Play More! Productive, clutter-free, healthy living - one step at a time](#) goes beyond the inspirational narrative to focus on simple, tangible tools and practical steps for gaining time and decluttering the body and mind.

To learn more about Marcey Rader, visit <https://www.marceyrader.com/>

LONG BIO

About Marcey Rader

Marcey Rader is an [Amazon best-selling author](#), sought-after productivity coach, accredited health and wellness expert, and renowned keynote speaker.

As the founder of [Marcey Rader Coaching](#) and the [Work Well. Play More!®](#) Institute, she helps individuals and businesses kick their lifestyles back into balanced gear – without sacrificing health.

Marcey knows first-hand that self-management is essential to success in life and business.



After a case of high-stress, high-performance, corporate burnout triggered three autoimmune diseases, Marcey established her productivity coaching business.

Her unique expertise has turned the spotlight on the intersection between business productivity and wellness, making better use of our most valuable asset – our health.

Working with a diverse range of businesses and individuals, she applies proven health and wellness principles to help clients find real balance, purpose, and success in work and life.

As a high-impact speaker, she packs presentations with actionable advice and real-world wisdom. Her speaking roster's alive with engagements for Fortune 100 companies, startups, and everyone in between. From North Dakota to Dubai, manufacturing to biotech. Audiences learn to escalate their energy, conquer the calendar, master tasks, and extinguish email.

She is the author of *Beyond Travel: A Road Warrior's Survival Guide* and *Hack the Mobile Lifestyle: 6 Steps to Work Well and Play More!*

Her latest book, **Work Well. Play More! Productive, clutter-free, healthy living - one step at a time** goes beyond the inspirational narrative to focus on simple, tangible tools and practical steps for gaining time and decluttering the body and mind.

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