



Speaking Bio

Marcey Rader's a high-energy speaker who packs presentations with actionable advice and real-world wisdom earned over 15 years of high-intensity, high-travel corporate life and now as a business owner.

Her #1 mantra? You **can** reach peak productivity without sacrificing your health to get there. You'll notice a new vibe and renewed vigor at your company once she's inspired your team to Work Well and Play More!® Marcey's the founder of the **Work Well. Play More!® Institute** and **Marcey Rader Coaching, LLC**; which entrepreneurs, teams, and leaders around the world trust to help kick their lifestyles back into balanced gear through coaching and courses.

Her speaking roster's alive with full-on conferences and internal-team workshops for Fortune 100 companies, startups, and everyone in between (including names like Cisco, Biogen, Business Travel News, Syngenta, and Emaar Properties).

Far from some same-old speaker, Marcey presents no-BS, no-excuses stories and strategies that help audiences transform their professional lives. No exaggeration: listeners leave knowing "yes, I can" and the party doesn't stop on stage. Everyone's invited to reach out personally for individual guidance, support, high-fives and fist bumps.

Make your next event The One They Remember: **say hey** to Marcey, and get ready to rock.



General Bio

Marcey wears many shoes (like hats, but more active): an accomplished corporate climber, entrepreneur, jump roper and hoop dancer. She's also the founder of **Marcey Rader Coaching, LLC** and the **Work Well. Play More! Institute**; where entrepreneurs, business leaders, and their entire teams sail to seek out new life... and peak productivity.

Marcey's clients and audiences learn to maximize their professional performance and leave business-burnout in the dust because she helps them fit every piece of their puzzle together: personal health; smarter, saner travel (she's Extended Stay America Hotels' Savve Travel Expert); more interesting meetings; and a whole new level of feel-good creativity springing from behavioral shifts and habit-hacking.

On top of that, she's the best-selling author of two books (***Beyond Travel: A Road Warrior's Survival Guide and Hack the Mobile Lifestyle: 6 Steps to Work Well and Play More!®***), plus a regular guest in and contributor to a whole bunch of media outlets including *Fast Company*, *Living Healthy*, *Best Kept Self*, *Business Travel News*, *Shape*, *Eating Well*, and *Training Edge*.

But sometimes, instead of getting a swift kick in the energy from coaching or keynotes, people prefer to progress at their own pace. For them, Marcey's developed a digital course (***Work Well. Play More!® Health and Productivity for High Achievers***) that helps participants enjoy exactly what the title implies - one happy habit at a time.



First Person 100 Word Bio

Hey! I'm Marcey Rader, and I'm Not. Like. The Others. Well... I did live and love the high-intensity, high-travel corporate game for 15 years until it burned me out, mind and body, and triggered an autoimmune disease. Now I focus on helping teams and leaders around the world keep that from happening to them through *Marcey Rader Coaching, LLC* and the *Work Well. Play More!® Institute*.

No less intense – but twelve tons more fun. And healthy. And productive. And if you want to rock your world (with your jazzed-up team keeping perfect time)? Let's jam.

100 Word Bio

Marcey Rader: Not. Like. The Others. Sure, an accomplished corporate climber, entrepreneur, coach, and speaker. Yes, founder of *Marcey Rader Coaching, LLC* and the *Work Well. Play More!® Institute*. Indeed, the best-selling author of two books - *Beyond Travel: A Road Warrior's Survival Guide* and *Hack the Mobile Lifestyle: 6 Steps to Work Well and Play More!* and creator of *the Work Well. Play More! Health and Productivity for High Achievers online course*. And yep – regularly featured in lifestyle and training media outlets.

Marcey hearts healthy, balanced productivity. But more importantly? She might be the most fun friend you and your team ever meet on your journeys to professional greatness.

75 Word Bio

Marcey Rader: Not. Like. The Others. Sure, an accomplished corporate climber, entrepreneur, coach, and speaker. Yes, founder of the *Work Well. Play More!® Institute*. Indeed, the best-selling author of two books and creator of an online course. And yep, regularly featured in lifestyle and training media outlets.

Marcey hearts healthy, balanced productivity. But more importantly? She might be the most fun friend you and your team ever meet on your journeys to professional greatness.